Effects of Insulin-Like Growth Factor-1 on Rotenone-Induced Apoptosis in Human Lymphocyte Cells

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Abstract: Human peripheral blood lymphocytes have been useful as a putative model of oxidative stress-induced apoptosis for Parkinson's disease. The present work shows that rotenone, a mitochondrial complex I inhibitor, induced time- and concentration-dependent apoptosis in lymphocytes which was mediated by anion superoxide radicals (O₂·)/hydrogen peroxide, depolarization of mitochondria, caspase-3 activation, concomitantly with the nuclear translocation of transcription factors such as NF-kB, p53, c-Jun and nuclei fragmentation. Since insulin-like growth factor-1 (IGF-1) interferes with a cell's apoptotic machinery when subjected to several stressful conditions, it is demonstrated here for the first time that IGF-1 effectively protects lymphocytes against rotenone through PI-3K ⁄ Akt activation, down-regulation of p53 and maintenance of mitochondrial membrane potential independently of ROS generation. These data might contribute to understanding the role played by IGF-1 against oxidative stress stimuli.

Parkinson's disease is a neurodegenerative disorder characterized by progressive degeneration of dopaminergic neurons in the substantia nigra pars compacta. Unfortunately, despite several decades of investigation in Parkinson's disease, neuroprotection remains the most important unmet need of this disorder. It has thus become crucial to investigate innovative pharmacotherapy approaches aimed at slowing or reducing the progress of neuronal loss in Parkinson's disease. However, the cell death molecular machinery involved in causal dysfunction and dopaminergic neuron demise must be unravelled to fully attain this objective. Although the exact cause of dopaminergic cell deterioration in Parkinson's disease remains unknown, dysfunction of mitochondria [1], genetic factors [2] and environmental exposure to neurotoxins, or a combination of them [3] have all been suggested as being the basis of Parkinson's disease cases.

Epidemiological studies have indicated that pesticides may be a risk factor for Parkinson's disease [4]; it is thus interesting that rotenone, a naturally occurring insecticide, piscicide and pesticide isolated from plant species belonging to the Derris and Lonchorcarpus genera, is widely used for modelling Parkinson's disease [5]. One potential mechanism by which rotenone may cause dopaminergic loss is through disruption of mitochondrial function [6] and apoptosis, a type of programmed cell death. Indeed, this xenobiotic compound irreversibly binds to NADH dehydrogenase complex (also known as complex I) of the mitochondrial electron transport

chain, thereby allowing the reduction of molecular oxygen (O_2) to superoxide radical $(O_2 \bullet^-)$ by the N2 iron sulphur cluster [7]. However, whether complex I impairment causes dopaminergic neurodegeneration via oxidative stress or through bioenergetic defects remains controversial [8, 9 versus 10, 11].

Likewise, some investigators have reported that rotenone activates the caspase-3 executor protein in ventral mesencephalic dopaminergic neurons [11,12] and HL-60 (human promyolocyte leukaemia cell line) [13,14] and induces activation of the stress response c-Jun N-terminal protein kinase pathway in human neuroblastoma SH-SY5Y cells as a common toxin-mediated mechanism of dopaminergic cell apoptosis [15]. Other authors have found that rotenone induces neither c-Jun N-terminal protein kinase nor caspase-3 activation in human neuroblastoma SK-N-MC-cells or pheochromocytoma PC12 cells [16,17]. Moreover, rotenone may [18] or may not [15] promote cell death in PC12 cells. Therefore, the complete molecular mechanism of rotenoneinduced cell death has not yet been fully established in a single cell model.

At present, a vast amount of evidence suggests that neurotrophic factors play a major role in neurodegenerative diseases, including Parkinson's disease. Insulin-like growth factor-I (IGF-1) has particularly been demonstrated to interfere with a cell's apoptotic machinery [19,20]. This feature makes IGF-1 an interesting molecule in understanding survival signals against stressful conditions [21] and a rational therapeutic candidate in neuroprotection strategies in Parkinson's disease [22]. Lymphocytes thus appear to be particularly fascinating non-neural cells for modelling dopaminergic cell death for at least three main reasons. First, lymphocytes and neurons are post-mitotic cells (i.e. they become locked in

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the G_0 phase of the cell cycle). This feature causes molecules active in non-mitotic and mitotic cell division (e.g. NF - κ B [23]) to be exclusively expressed in G_0 , thus avoiding misleading interpretation in cause-effect experiments. Second, lymphocytes express the catecholaminergic system, including tyrosine hydroxylase (TH), monoamine oxidase [24 and references within], dopamine transporter [25] and dopamine D2-, D3-, D4- and D5-like receptors [26–30]. Third, both kinds of cells express similar molecular death machinery leading to the typical morphological and biochemical characteristics of apoptosis [31,32]. Given that lymphocytes express IGF-1 receptors [33,34], the present investigation was aimed at disentangling rotenone-induced death-signalling in lymphocytes and the survival molecular signalling downstream of IGF-1R as a response to rotenone-mediated toxic stimuli.

Materials and Methods

Materials. Reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA) if not otherwise specified and were of analytical grade or better. 3,3'-dihexyloxacarbocyanine iodide $(D_iD_{C_6}(3), Cat. \#D-273)$ and dihydrorhodamine (cat. #D-633) were obtained from Invitrogen Molecular Probes (Eugene, OR, USA). The caspase-3 inhibitor (Ac–Ala–Ala–Val–Ala–Leu–Leu–Pro–Ala–Val–Leu–Leu–Ala–Leu– Leu–Ala–Pro–Asp–Glu–Val–Asp–CHO; DEVD, Cat # 260-046- M001) was from Alexis Biochemical Corporation (San Diego, CA, USA). Ammonium pyrrolidinedithiocarbamate (PDTC, cat. # 548000) and 1,9-pyrazoloanthrone (SP600125, cat # 420119) were acquired from Calbiochem (San Diego, CA, USA).

Isolation of lymphocytes. Peripheral blood lymphocytes were obtained from healthy adult (30–40 years old) males' venous blood by gradient centrifugation (lymphocyte separation medium, density: 1.007 G/M; Bio-Whittaker Inc., Walkersville, MD, USA). Isolated peripheral blood lymphocytes were washed three times with phosphate-buffered saline (10 mM sodium phosphate, 160 mM NaCl, pH 7.4) and suspended in RPMI 1640 (GIBCO laboratories, Grand Island, NY, USA) plus 10% foetal calf serum (FCS, GIBCO laboratories). This purification procedure gave >95% lymphocytes as determined by flow cytometry staining for CD3⁺, CD19⁺, CD20⁺ and $CD19+/20^+$ antigens. Peripheral blood lymphocytes in suspension were cultured in RPMI1640 supplemented with 10% foetal calf serum, 2 mM L-glutamine, 100 U/ml penicillin and 100 mg/ml streptomycin and then plated in 24 wells (1×10^6 cells/ml/well).

Experiments with peripheral blood lymphocytes. Morphological assessment of cell death by fluorescence microscopy using AO/EB double staining. The cell suspension (1 ml, final volume) was exposed to increasing rotenone concentration $(1, 10, 100, 250 \mu M)$ rotenone) freshly prepared in RPMI-1640 medium in the absence or presence of IGF-1 (250 nM) and different products of interest for 24 hr. at 37/C. The peripheral blood lymphocytes were then used for fluorescent microscopy analysis. After treatment, cells were mixed with 1 µl acridine orange $(100 \text{ µg/ml AO final concentration})$ and ethidium bromide (100 μ g/ml EB final concentration); 5 μ l were placed on a slide and examined by fluorescence microscope (Zeiss Axiostart 50; Zeiss Wöhlk-Contact-Linsen, Gmb Schönkirchen, Germany). Normal peripheral blood lymphocytes cells (bright green chromatin) could be discriminated from early apoptotic cells (bright green highly condensed or fragmented chromatin), late apoptotic cells (bright orange highly condensed or fragmented chromatin) and necrotic cells (bright orange/red chromatin) based on AO/EB fluorescent DNA binding dye differential uptake. Apoptotic morphology was quantified by counting a minimum of 300 total cells as follows: % apoptotic cells = $100 \times$ (total number of early and late apoptotic cells/total number of cells). Necrotic cells were not detected in the present experimental conditions. The apoptotic indexes were assessed three times in independent experiments.

Evaluation of intracellular reactive oxygen species. Assessment of superoxide anion radical generation. Superoxide anion radicals were evaluated as described elsewhere [35]. Briefly, lymphocytes (1 ml, final volume) were exposed to increasing rotenone concentrations in the same experimental conditions as mentioned above (at 0, 1, 3, 6, 12 and 24 hr.). The cells were then incubated with nitroblue tetrazolium (1 mM final concentration) for 1 hr. Nitroblue tetrazolium is an electrophilic dicationic compound which can easily accept electrons from electron donors (e.g. O₂·). Nitroblue tetrazolium chloride is a yellow compound soluble in aqueous medium in its oxidized form. Its reduction to formazan is accompanied by the disappearance of positive charges resulting in a substantial decrease in solubility and the appearance of an intense blue-purple precipitate. The cells were examined for formazan formation after their incubation; formazan was quantified by counting a minimum of 300 total cells as follows: % formazan positive cells = $100 \times$ (total number of blue cells ⁄ total number of cells). The assessment was repeated three times in independent experiments.

Assessment of hydrogen peroxide. Hydrogen peroxide (H_2O_2) can be detected in cell systems by using sensitive, uncharged, non-fluorescent dihydrorhodamine 123, as described elsewhere [36]. Briefly, peripheral blood lymphocytes (1×10^6 cells/ml) were incubated with increasing concentrations of rotenone $(1-250 \mu M)$ and other products of interest. 100 µl untreated and treated peripheral blood lymphocyte aliquots were incubated in the presence of 10 nM dihydrorhodamine (20 mM stock solution in DMSO) for 45 min. at 37° C for evaluating H₂O₂ generation. Dihydrorhodamine became oxidized to the cationic green fluorescent dye, rhodamine-123, which accumulated intracellularly due to electrically negative cytoplasmic and mitochondrial membrane potential. Fluorescent cells were quantified under a fluorescence microscope (Zeiss Axiostart 50) by counting a minimum of 300 total cells as follows: % fluorescent positive H2O2 cells (observed as completely green bright fluorescent cells) = $100 \times$ (number of green fluorescent cells) / total number of cells (green fluorescent cells + non-fluorescent cells) compared to the untreated control. The experiments were performed in three independent settings. Parallel to $O_2\bullet^-$ and H_2O_2 evaluation, apoptotic cell percentage was established according to an AO ⁄ EB staining assay.

Qualitative analysis of mitochondrial membrane potential $(\Delta \Psi_m)$. The peripheral blood lymphocytes were treated as described above; they were incubated for 15 min. at 37 \degree C with cationic lipophilic DiOC₆(3) (1 μ M, final concentration) to evaluate $\Delta \Psi_m$. Fluorescent cells (reflecting high-polarized and low-polarized mitochondria) were quantified under a fluorescence microscope by counting a minimum of 300 total cells as follows: $\%$ DiOC₆(3) positive fluorescent cells = $100 \times$ (number of DiOC₆(3)^{high/low} fluorescent cells) / total number of cells (non-fluorescent cells, reflecting depolarized mito-chondria, plus $DiOC_6(3)^{high/low}$ fluorescent cells) compared to untreated cells (positive control). The experiments were performed in three independent settings.

Assessment of natural or synthetic antioxidant potential in lymphocytes exposed to rotenone. The peripheral blood lymphocytes were incubated with $250 \mu M$ rotenone and the other products of interest listed in table 3 for 24 hr. at 37/C. Treated peripheral blood lymphocytes were then evaluated for apoptotic morphology and $\Delta \Psi_m$ as described above.

Immunocytochemistry detection of NF - κ B, p53 and c-Jun transcription factor proteins. The supplier's protocol (Santa Cruz Biotechnology Inc., Santa Cruz, CA, USA; goat ABC staining System: cat # sc-2023) was followed for the immunocytochemistry using primary goat polyclonal antibodies NF-KB p65 (C-20)-G (Santa Cruz

Biotechnology cat#sc-372-G), p53 (FL-393) (Santa Cruz Biotechnology cat #sc-6243-G) and p-(Ser 73)-c-Jun (Santa Cruz Biotechnology cat #sc-7981). The cells were plated on poly-L-lysine-coated cover slips after treatment and fixed in 4% methanol in 0.1 M phosphate buffer, pH 7.4 for 25 min. and then washed with phosphate-buffered saline. The slides were exposed to a 1% hydrogen peroxide solution in phosphate-buffered saline for 10 min. After several washes, cells were permeabilized with Triton X-100 solution in phosphate-buffered saline for 5 min. The cells were incubated with primary antibodies (10 μ g/ml) for 2 hr. at room temperature and subsequently incubated with biotinylated antibody at room temperature for 1 hr. The specimens were stained with an ABC enzyme kit; they were cover-slipped with cover glasses after staining.

Photomicrography. The light microscopy or fluorescent photomicrographs shown in figs 1 and 4 were taken using a Zeiss (Axiostart 50) microscope equipped with a Canon PowerShot G5 digital camera.

Results

Rotenone induced apoptosis in lymphocytes through anion superoxide radical $(O_2\bullet^-)/H_2O_2$ generation and mitochondrial damage: the protective effect of IGF-1.

It is known that rotenone promotes endogenous generation of reactive oxygen species (ROS) in different dopaminergic neural cell lines. Similarly, peripheral blood lymphocyte cells treated with rotenone generated both $O_2\bullet^-$, as determined by nitroblue tetrazolium reduction into formazan, and H_2O_2 as detected by the oxidation of dihydrorhodamine into rhodamine-123 (R-123) (figs 1A and B). Whilst high rotenone concentrations (e.g. 100–250 μ M) produced 18–43% formazan and $21-45\%$ R-123, low concentrations (e.g. 1–10 μ M) yielded formazan and R-123 percentages comparable to those for untreated cells (fig. 2). Rotenone's effect on mitochondrial membrane potential (fig. 1C) and its relationship with apoptosis was thus investigated. It was found that peripheral blood lymphocytes exposed to either 100 or 250 µM rotenone induced moderate mitochondrial depolarization, i.e. 18% and 36% D_iOC₆(3) negative cells, respectively. By contrast, no effect on mitochondrial potential was observed when peripheral blood lymphocytes were incubated with either 1 or 10 μ M rotenone, i.e. almost 100% D_iOC₆(3) positive cells compared to untreated cells (fig. 2). Parallel examination of peripheral blood lymphocytes exposed to increasing rotenone concentrations $(1-250 \mu M)$ induced the typical morphological characteristics of apoptosis, such as chromatin condensation (i.e. highly condensed nuclei) and chromatin fragmentation into ring-, horse-shoe- and moon-like shapes in peripheral blood lymphocyte cells, as analysed by conventional AO⁄EB staining technique (fig. 1D). Fig. 2 shows that while 100 μ M and 250 μ M rotenone induced around 18–34% apoptosis, respectively, 1 and 10 lM rotenone provoked apoptosis comparable to untreated cells; $250 \mu M$ rotenone was thus selected for further experiments.

Fig. 1. Rotenone induced O₂•⁻/H₂O₂ generation and apoptosis in lymphocytes. Representative light photomicrography showing positive nitroblue tetrazolium stained blue–purple precipitate cells (i.e. formazan, *arrows*) as positive $O_2 \bullet^-$ generation and nitroblue tetrazolium negative stained cells (i.e. translucent cells, arrowheads) from cells treated with 250 μ M rotenone for 6 hr. Inset: Magnification of two positive nitroblue tetrazolium cells (asterisk) showing cytoplasmic blue-purple precipitate whereas negative nitroblue tetrazolium cells are cytoplasmic translucent; (B) Fluorescent photomicrography (ex. $365/12$ nm, em. 397 nm) illustrating positive R-123 fluorescent stained cells as positive H₂O₂ production from peripheral blood lymphocytes treated with 250 μ M rotenone for 6 hr. *Inset*: Magnification of a typical positive R-123 cell showing intense green fluorescence (ex. 450–490 nm, em. 515 nm); (C) Representative fluorescent photomicrography (ex. 450–490 nm, em. 515 nm) illustrates positive green fluorescent stained cells as D₁OC₆(3) high-polarized and low-polarized mitochondria from untreated peripheral blood lymphocytes for 24 hr. The picture represents one out of three independent observations; (D) Representative fluorescent photomicrography (ex. 450– 490 nm, em. 515 nm) showing typical nuclear apoptotic morphology such as highly condensed chromatin (arrow) and nuclear fragmentation (arrowheads) from lymphocytes treated with 250 μ M rotenone for 24 hr. Magnification (A–C) 400×. Magnification (D) 600×. Magnification insets $800\times$.

Fig. 2. Rotenone produced reactive oxygen species, mitochondrial damage and apoptosis in lymphocytes. Lymphocytes were incubated with increasing concentrations of rotenone (ROT) for 24 hr. $O_2\bullet^{-}$, $H₂O₂$, mitochondrial potential and apoptosis were evaluated as described in Materials and Methods. The percentage of positive formazan, R-123, Di OC6(3) high-polarized and low-polarized mitochondria and AO/EB stained cells are expressed as mean percentage $±$ S.D. from three independent experiments.

This led to evaluating whether IGF-1 was able to protect lymphocytes against rotenone toxicity and determined its impact on ROS, mitochondrial potential, and apoptotic morphology. Fig. 3 shows that rotenone $(250 \mu M)$ alone (vehicle) or co-incubated with increasing IGF-1 concentrations $(1–250 \text{ nM})$ induced almost constant generation of $O₂$ ^{\bullet} and $H₂O₂$ (e. g. 35–43% formazan positive cells and 34–45% R-123 positive cells, respectively). Noticeably, peripheral blood lymphocyte cells treated with high IGF-1 concentrations (100–250 nM) were protected from the noxious effect of 250 µM rotenone compared to low IGF-1 concentrations (1–10 nM) and to peripheral blood lymphocyte cells treated with rotenone. The IGF-1 protective effect also correlated well with mitochondrial functionality (e.g. $91-96\%$ D_iOC₆(3)

Fig. 3. IGF-1 protected lymphocytes against rotenone-induced apoptosis in lymphocytes, independently of reactive oxygen species. Lymphocytes were incubated alone (normal), rotenone (ROT) (250 μ M) or with rotenone (250 μ M) in a combination of increasing IGF-1 concentrations for 24 hr. $O_2\bullet^-, H_2O_2$, and apoptosis were evaluated as described in Materials and Methods. The percentage of positive formazan, R-123, $D_iOC_6(3)$ high-polarized and low-polarized mitochondria and AO/EB stained cells are expressed as mean percentage \pm S.D. from three independent experiments.

positive cells); 250 nM IGF-1 was thus used as protective agent for further assays.

IGF-1 protected lymphocytes against rotenone through PI-3K/ NF - κ B activation and p53 and caspase-3 inhibition.

Cells were exposed to rotenone $(250 \mu M)$ and IGF-1 alone (250 nM) or in the presence of LY294002 (5 μ M, a specific PI-3 kinase pathway inhibitor) and PD98059 (5 μ M, a specific MEK-1 pathway inhibitor) chemical compounds to investigate the mechanism by which IGF-1 protects lymphocytes from rotenone-induced apoptosis. Table 1 shows that LY294002 blocked IGF-1's anti-apoptotic effect against rotenone toxicity to almost control value (i.e. rotenone alone: 34% AO⁄EB technique); however, PD98059 was unsuccessful on inhibiting IGF-1 action against rotenone-induced apoptosis (e.g. 4% AO⁄EB staining). Consequently, LY294002 blocked IGF-1's protective effect on maintaining $\Delta \Psi_m$ in the presence of rotenone. By contrast, IGF-1 protected and maintained mitochondrial potential to control values (i.e. 4% AO⁄EB staining, 1% $D_iOC_6(3)$ staining) when co-incubated with PD98059 and rotenone. Of note, LY294002 and PD98059 were innocuous to peripheral blood lymphocytes when incubated alone or with rotenone.

Lymphocytes were incubated for 1 hr. with PDTC (10 nM, specific NF- κ B inhibitor), PFT (50 nM, specific p53 inhibitor), SP600125 (1 μ M, specific c-Jun N-terminal protein kinase inhibitor), DEVD $(10 \mu M, \text{specific} \text{ caspase-3})$ inhibitor) inhibitors to investigate whether rotenone's toxic effect was related to transcription factor and caspase-3 activation. Lymphocytes were then exposed to $(250 \mu M)$ rotenone for 24 hr. Table 1 shows that specific pharmacological inhibitors moderately reduced rotenone-induced apoptosis in peripheral blood lymphocytes by 56–76%. Immunocytochemical assessment also confirmed NF- κ B, p53 and c-Jun participation in rotenone-induced toxicity. Fig. 4 shows that IGF-1 induced NF- κ B activation and translocation to the nucleus (fig. 4D, DAB-positive nuclei), whereas rotenoneinduced NF- κ B, p53 and c-Jun activation and translocation (fig. 4G–I), compared to untreated peripheral blood lymphocyte cells (fig. $4A-C$). It should be noted that NF- κ B and c-Jun activation and nuclei translocation was observed when lymphocytes were incubated with IGF-1 and rotenone (figs 4J and L).

IGF-1 and pharmacological compounds rescued lymphocytes against rotenone-induced apoptosis.

Lymphocytes were exposed to $250 \mu M$ rotenone for 1, 3, 6, 12 and 24 hr. to establish the particular time at which rotenone induced apoptosis and to establish its relationship with ROS generation. Fig. 5 shows that rotenone evoked a progressively increasing occurrence of apoptosis and $O_2\bullet^-$ production in peripheral blood lymphocytes at each time interval. Since rotenone exposure yielded around 15% apoptosis and ROS at 6 hr. (fig. 5) compared to 24 hr. for rotenone exposure (i.e. 34% apoptosis), this time interval was set up to test whether IGF-1, PDTC, PFT, SP600125 and DEVD were able to rescue lymphocytes against rotenone

Table 1. The effect of IGF-1, and PI3K, MEK-1, NF-KB, c-Jun, p53 and caspase-3 inhibitors on lymphocytes after being exposed to rotenone.

Treatment	AO/EB (%)	$DiOC_6(3)$ high/low (%)
Untreated	1 ± 0	99 ± 0
IGF-1 (250 nM)	θ	100
ROT (250 µM)	34 ± 2	64 ± 3
IGF-1 (250 nM) + ROT (250 µ)	3 ± 1	96 ± 2
LY294002 (5 µM)	1 ± 0	99 ± 0
LY294002 (5 μ M) + IGF-1 (250 nM)	θ	100
LY294002 (5 μ M) + ROT (250 μ M)	36 ± 2	64 ± 2
LY294002 (5 μ M) + IGF-1 (250 nM) + ROT (250 μ M)	35 ± 2	63 ± 3
PD98059 (5 µM)	1 ± 0	99 ± 0
PD98059 (5 μ M) + IGF-1 (250 nM)	$\mathbf{0}$	100
PD98059 (5 μ M) + ROT (250 μ M)	36 ± 3	65 ± 2
PD98059 (5 μ M) + IGF-1 (250 nM) + ROT (250 μ M)	4 ± 1	96 ± 2
PDTC $(10 nM)$	1 ± 0	99 ± 0
PDTC $(10 nM)$ + IGF-1 $(250 nM)$	$\mathbf{0}$	100
PDTC (10 nM) + ROT (250 μ M)	15 ± 2	86 ± 3
PDTC (10 nM) + IGF-1 (250 nM) + ROT (250 µM)	1 ± 1	98 ± 2
PFT $(50 nM)$	1 ± 0	99 ± 0
$PFT (50 nM) + IGF-1 (250 nM)$	$\mathbf{0}$	100
PFT (50 nM) + ROT (250 µ)	12 ± 2	90 ± 3
PFT $(50 nM)$ + IGF-1(250 nM) + ROT (250 µM)	1 ± 1	98 ± 2
SP600125 (1 µM)	$\overline{0}$	100
$SP600125 (1 \mu M) + IGF-1 (250 nM)$	θ	100
$SP600125 (1 \mu M) + ROT (250 \mu M)$	8 ± 2	88 ± 2
SP600125 (1 μ M) + IGF-1(250 nM) + ROT (250 μ M)	3 ± 1	96 ± 2
DEVD $(10 \mu M)$	$\boldsymbol{0}$	100
DEVD $(10 \mu M)$ + IGF-1 (250 nM)	θ	100
DEVD (10 μ M) + ROT (250 μ M)	10 ± 2	89 ± 2
DEVD (10 μ M) + IGF-1(250 nM) + ROT (250 μ M)	1 ± 1	98 ± 2

Cells were left untreated or treated with specific PI3K, MEK-1, NF- κ B, c-Jun, p53 and caspase-3 inhibitors, such as LY294002 (5 μ M), PD98059 (5 µM), ammonium pyrrolidinedithiocarbamate (PDTC, 10 nM), SP600125 (1 µM), pifithrin- α (PFT, 50 nM), and DEVD (10 µM) alone or in the presence of rotenone (250 μ M) for 24 hr. After this time, mitochondrial membrane potential and nuclear morphological changes resulting from PI3K, NF- κ B-, p53 and caspase-3 activation were evaluated using $D_iOC_6(3)$ and AO/EB staining, as described in *Materials and* Methods. High-polarized and low-polarized mitochondria (green fluorescent $D_iOc_6(3)$ ^{high/low} positive cells) and apoptosis percentage is expressed as mean percentage $(\%)$ ± S.D. from two independent experiments.

toxicity. Lymphocytes were thus pre-exposed to rotenone for 6 hr.; cells were then incubated in the absence (medium alone) or presence of IGF-1 (250 nM) and selected inhibitors for an additional 24 hr. Table 2 shows that IGF-1 and inhibitors were effective in rescuing cells from rotenone noxious effects.

Lymphocytes were protected against rotenone-induced cell death by glucose and antioxidants.

It was also investigated whether glucose and antioxidants protected lymphocytes against rotenone. Table 3 shows that glucose (55.5 mM), cannabinoids (100 nM JWH-015 and CP55,940) and Vitamin E (0.5 mM) were all fully efficient in protecting cells from rotenone toxicity.

Discussion

This work reports, for the first time, that IGF-1 was effective in suppressing rotenone-induced apoptosis in lymphocytes. The toxic effect of rotenone (a specific mitochondrial inhibitor complex-I) was initially investigated in these cells as the rotenone-induced cell death mechanism is still controversial. In fact, lymphocytes displayed typical apoptotic morphology features, such as chromatin condensation and/or nuclei fragmentation in a concentration-dependent fashion as early as 6 hr. rotenone treatment. Marella et al. [17] found that undifferentiated PC12 incubated with increasing rotenone concentrations (50 nM up to 1 μ M) for 4 days induced steadily decreasing cell viability, having 75% maximal trypan blue positive cell value. This observation and our results thus suggest that rotenone provokes time- and dose-dependent apoptosis. Since rotenone is a lipophilic compound and no specific transporter for rotenone has been identified to date, rotenone might easily be taken up by cells. Indeed, rotenone not only targets mouse and rat primary mesencephalic dopaminergic cells [11,37,38], organotypic substantia nigra culture dopaminergic neurons [39], undifferentiated SK-N-MC [17] and SH-SY5Y neuroblastoma cells [9] and undifferentiated PC12 cells [17] but also destroys HL-60 (the human promyelocytic leukaemia cell line) [13,14] and human peripheral blood lymphocytes (this work). This information implies that rotenone behaves as a non-specific cell type toxin which is able to interact with and selectively impaired mitochondrial complex-I function; however, the mechanism by which

Fig. 4. Rotenone (ROT) induced simultaneous NF-KB, p53 and c-Jun transcription factor activation in lymphocytes. Peripheral blood lymphocytes cells were left untreated (A–C), exposed to 250 μ M rotenone (D–F), 250 nM IGF-1 (G–I), and to 250 nM IGF-1 + 250 μ M rotenone (J–L) for 24 hr. After the incubation period, cells were stained with anti-NF- κ B-p65 (A,D,G,J), anti-p53 (B,E,H,K) and anti-c-Jun (C,F,I,L) antibodies according to the procedure described in *Materials and Methods*. Notice that NF-KB, p53 and c-Jun positive-nuclei (dark brown) reflect their nuclear translocation/activation. Magnification 400× (A–L).

rotenone provokes apoptosis still remains controversial. Our data have suggested that rotenone induced apoptosis in lymphocytes via an oxidative stress mechanism. This conclusion was based on the following observations. First, it was confirmed that rotenone generated $O_2\bullet^-/H_2O_2$ [13,14] and that their production was associated with decreased mitochondrial membrane potential and morphological apoptotic

Fig. 5. Rotenone (ROT) induced ROS and apoptotic nuclei in a time-dependent fashion. Lymphocytes were either left untreated (normal) or treated with rotenone (250 μ M) for 1, 3, 6, 12 and 24 hr. The percentage of positive formazan and AO/EB stained cells after each interval are expressed as a mean percentage \pm S.D. from three independent experiments.

nuclei. Second, antioxidant compounds such as JWH-015, CP55940, Vit E and NAC reduced apoptosis and restored mitochondrial potential to control values. In agreement with these findings, Li *et al.* [14] found that $(1 \mu M)$ rotenoneinduced apoptosis in HL-60 cells was inhibited by treatment with the antioxidant (10–15 mM) glutathione, NAC and Vitamin C. Third, lymphocytes co-incubated with glucose were able to maintain mitochondrial potential functionality and nuclear morphology against rotenone toxicity to control values (i.e. 100% D_iOC₆(3) fluorescent staining and <1% AO⁄EB nuclear staining). Accordingly, it has been reported that both pyruvate or sodium pyruvate (a natural metabolic intermediate scavenger of reactive oxygen species) inhibited $\Delta \Psi$ m collapse and apoptosis from H₂O₂-induced oxidative stress in the human neuroblastoma SK-N-SH [40] and SK-N-MC cell lines [41]. These data agreed with the notion that mitochondria de-energize and depolarize after rotenone/ROS exposure, thereby leading to apoptotic cell morphology. Indeed, adding $(100 \mu M)$ H₂O₂ to lymphocytes resulted in impairing mitochondrial membrane potential and inducing apoptosis [42].

The present work has shown, for first time, that transcription factor $NF-\kappa B$ and p53 activation were involved in rotenone death signalling, as assessed by immunohistochemical staining with primary antibodies against those factors and

Table 2.

IGF-1 and pharmacological compounds rescued lymphocytes from ROT-induced apoptosis.

Treatment	AO/EB $\binom{0}{0}$	$DiOC_6(3)^{high/low}$ $\binom{0}{0}$
Untreated	1 ± 0	99 ± 0
IGF-1 (250 nM)	θ	100
ROT $(250 \mu M)^1$	54 ± 2	55 ± 3
IGF-1 (250 nM) + ROT (250 µ)	6 ± 2	90 ± 3
LY294002 $(5 \mu M)$	1 ± 0	99 ± 0
LY294002 (5 μ M) + ROT (250 μ M)	50 ± 2	53 ± 3
PD98059 (5 µM)	1 ± 0	99 ± 0
PD98059 (5 μ M) + ROT (250 μ M)	47 ± 3	50 ± 3
PDTC $(10 nM)$	1 ± 0	99 ± 0
PDTC $(10 nM)$ + ROT $(250 \mu M)$	7 ± 2	90 ± 3
PFT (50 nM)	1 ± 0	99 ± 0
$PFT (50 nM) + ROT (250 \mu M)$	8 ± 2	92 ± 3
SP600125 (1 μM)	1 ± 0	99 ± 0
$SP600125 (1 \mu M) + ROT (250 \mu M)$	4 ± 1	98 ± 2
DEVD $(10 \mu M)$	1 ± 0	99 ± 0
DEVD $(10 \mu M)$ + ROT $(250 \mu M)$	1 ± 1	98 ± 2

Lymphocytes were pre-exposed to rotenone for 6 hr. After this time, cells were incubated in the absence (medium alone) or presence of IGF-1 (250 nM) and selected inhibitors for an additional 24 hr. High-polarized and low-polarized mitochondria (green fluorescent $D_iOc_6(3)$ ^{high/low} positive cells) and apoptosis percentage is expressed as mean percentage (%) \pm S.D. from three independent experiments. 1 Rotenone was incubated for 30 hr.

pharmacological inhibition using PDTC and PFT-a. As for rotenone, other well-characterized redox cycling neurotoxins (e.g. 6-hydroxydopamine [6-OHDA]) have been shown to activate transcription factors both in vitro [42–44] and in vivo [45]. Moreover, blocking NF-KB nuclear translocation and

Table 3.

Glucose and antioxidant compounds protected against rotenone toxicity.

	AO/EB	$DiOC_6(3)$ high/low
Treatment/assay	$($ %)	$(\%)$
Untreated	1 ± 0	99 ± 0
ROT $(250 \mu M)$	34 ± 2	64 ± 3
GLU (55.5 mM)	1 ± 1	98 ± 2
GLU (55.5 mM) + ROT (250 µM)	5 ± 2	93 ± 2
JWH-015 (100 nM)	1 ± 0	99 ± 0
JWH-015 (100 nM) + ROT (250 μ M)	2 ± 1	98 ± 2
CP55,940 (100 nM)	1 ± 0	99 ± 0
$CP55,940 (100 nM) + ROT (250 \mu M)$	4 ± 2	97 ± 2
Vit $E(0.5$ mM)	1 ± 0	99 ± 0
Vit E (0.5 mM) + ROT (250 µ)	3 ± 1	98 ± 2
$NAC(1$ mM)	1 ± 0	99 ± 0
$NAC (1 mM) + ROT (250 µ)$	2 ± 1	98 ± 2

Lymphocyte cells were incubated with rotenone $(250 \mu M)$ in the absence or presence of glucose (55.5 mM), JWH-O15 (100 nM), CP55,940 (100 nM), Vit E (0.5 mM) and NAC (1 mM) for 24 hr. After this time, mitochondrial membrane potential and nuclear morphological changes were evaluated using $D_iOC_6(3)$ and AO/EB staining, as described in Materials and Methods. High-polarized and low-polarized mitochondria (green fluorescent $D_iDc_6(3)$ ^{high/low} positive cells) and apoptosis percentage is expressed as mean percentage $(\%)$ ±S.D. from three independent experiments.

p53 induction reduced nigral dopaminergic degeneration [45,46]. Taken together, this information and our results suggested that NF- κ B and p53 were decisive factors in lymphocyte death $[47-51]$. Pharmacological blockage of NF- κ B might thus offer an interesting neuroprotective strategy against oxidative stress [52].

Our data indicated that the SP600125 c-Jun N-terminal protein kinase inhibitor had protective effects against rotenone toxicity. This result agreed with the notion that c-Jun N-terminal protein kinase and c-Jun activation is required for rotenone-induced apoptosis in lymphocytes and dopaminergic neurons [15]. Furthermore, this is the first report in an in vitro study in which simultaneous NF - κ B and c-Jun activation in rotenone/ (H_2O_2) -induced apoptosis signalling has been demonstrated. These observations imply 'cross-talk' between NF- κ B and c-Jun N-terminal protein kinase signalling pathways [53]. These sets of data are in agreement with the notion that NF - κ B and c-Jun N-terminal protein kinase activation are critical transcription factors contributing to oxidative stress-mediated cell death in lymphocytes via an NF-KB/c-Jun N-terminal protein kinase-dependent p53-signaling pathway [54,55].

Mitochondria are organelles which play a crucial role in apoptosis (for a review, see ref [56]). Indeed, mitochondrial control of apoptosis has been described at ATP production, mitochondrial membrane potential and mitochondrial membrane permeability level regarding the release of certain apoptogenic factors from the inter-membrane space into the cytosol, in turn activating executor proteins such as caspase-3. In agreement with others, it was found that rotenone induced change in mitochondria membrane potential [13,14], caspase-3 activation [11–14] and nuclei fragmentation. The above observations thus comply with the idea that rotenoneinduced apoptosis in lymphocytes is mediated by H_2O_2 mitochondrial membrane potential disruption, and caspase-3 activation. Although the probable participation of other proapoptotic proteins in rotenone-provoked cell death cannot be disregarded [17], the results presented here support the notion that caspase-3 plays a crucial role in dismantling lymphocyte cells.

Part of the present investigation was to identify the specific molecular mechanism responsible for IGF-1 protection of lymphocytes against rotenone. It has been demonstrated that IGF-1 effectively induced concentration-dependent lymphocyte protection against rotenone. Moreover, IGF-1 (250 nM) almost completely abolished the rotenone-induced toxic effect. Interestingly, such protective effect was independent of rotenone-generated ROS but IGF-I's cytoprotective effect was closely related to mitochondrial protection [57]. These results were thus in line with the notion that the IGF-1 protective mechanism is dependent on IGF-1 signalization and mitochondrial membrane potential maintenance rather than antioxidant reactions. Specific inhibitor LY294002, but not PD98059, was effective in blocking the IGF-1 protective effect. Taken together, these observations thus suggest that PI-3K/Akt rather than the MEK signalling pathway is involved in IGF-1 cytoprotection against oxidative

stress-induced apoptosis, not only in non-neuronal cells [20,58] but also in neuronal cells [59]. In the same vein, it was found, for the first time, that IGF-1 simultaneously induced $p53$ down-expression and $NF-\kappa B$ over-expression in lymphocytes on being exposed to rotenone. Consequently, neither appreciable mitochondrial depolarization nor nuclei damage was detected. These findings are thus consistent with the idea that IGF-1 can block cell death by modulating apoptotic machinery at p53 level. Moreover, antioxidant and IGF-1 were able to rescue lymphocytes pre-incubated with rotenone by reducing rotenone-induced ROS. These data suggest that antioxidants and IGF-1 can reverse fatal effects on cells. Our findings have thus revealed that p53 but not $NF-\kappa B$ is the critical transcription factor which may possibly balance pro-death cell decision under noxious stimuli. These data may contribute to understanding the role played by oxidative stress stimuli and IGF-1's molecular counteraction.

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