ANCIENT WATER MANAGEMENT AND THE EVOLUTION OF THE LATE HOLOCENE WETLANDS. FIRST PALEOECOLOGICAL EVIDENCE FROM PREHISPANIC RAISED FIELDS OF URABÁ, NORTHWESTERN SOUTH AMERICA.

William A. Posada-Restrepo

Department of Anthropology, Universidad de Antioquia UdeA. Medellín, Colombia. Postal Code 050020. <u>williama.posada@udea.edu.co.</u> Corresponding autor.

Ivonne Marcela Castañeda-Riascos

Smithsonian Tropical Research Institute, Panama. Postal Code 0843-03092. castanedaim@si.edu

Bibiana Cadena-Duarte

Department of Anthropology, Universidad Nacional de Colombia. Postal Code 11001. bacadenad@unal.edu.co

Sergio A. González-Avendaño Department of Anthropology, Universidad de Antioquia, Colombia. Postal Code 050020. <u>albeiro.gonzalez@udea.edu.co</u>

Omaira Rosa Sierra-Arango Department of Biology, Universidad de la Amazonia, Colombia. Postal Code 180001. <u>o.sierra@udla.edu.co</u>

Jhostin Ramos.

GISMAC, Corporación Académica Ambiental, Universidad de Antioquia UdeA. Turbo (Urabá), Colombia. Postal Code 050010. jhostin.ramos@udea.edu.co

Fernando Parra

GISMAC, Corporación Académica Ambiental, Universidad de Antioquia UdeA. Turbo (Urabá), Colombia. Postal Code 050010. <u>fjose.parra@udea.edu.co</u>

Heazel Grajales

GISMAC, Corporación Académica Ambiental, Universidad de Antioquia UdeA. Turbo (Urabá), Colombia. Postal Code 050010. <u>heazel.grajales@udea.edu.co</u>

Alex Rúa

CBATA, Departamento de Ciencias Básicas y Áreas Comunes, Tecnológico de Antioquia Institución Universitaria-TdeA. Medellín, Colombia. Postal Code 050034. <u>alex.rua@tdea.edu.co</u>

Summary

The raised fields discovered recently in the Gulf of Urabá, northwestern Colombia, extends more than 135,000 ha among the floodplains of the rivers León, Suriquí and Tumaradocito in the Chocó biogeographic region. To understand the mechanisms by which people use the wetlands under climate change of the Late Holocene, the paleoenvironmental and cultural using artifacts, soil micromorphology, conditions were studied geochemical, chronostratigraphic and palynological analyses at El Vergel archaeological site. The aim of this study is to discuss the origin of raised fields development in the León river floodplain and its relation with progressive drought, groundwater and wetland management for permanent human occupation. The results suggest that the raised fields were built around the IX century CE, during a period marked by decreased precipitation, probably related with Medieval Warm Period. The hydrogeology reveals two aquifers in the region with some shallow springs in the floodplain where earthworks are located. The poor stratigraphic demarcation of the ridges and well dug channels, with no evidence for agriculture whatsoever, support the idea that some raised fields was strategic for distributing groundwater and rainwater over a large area and thus preserving the productivity of the wetland for fishing and hunting.

Key words: Wetlands, Raised fields, Uraba, Prehispanic cultures, Geoarchaeology,
 Holocene, paleoecology.

3 4

1. Introduction

The massive occurrence of prehispanic raised fields near the Colombian-Panamanian border 5 in the Gulf of Urabá, comprise an extensive wetland across the middle basin of the León 6 7 River with pervasive earthworks of prehispanic cultures (Posada et al., 2019). The regional occurrence of these raised fields indicate a long term human interactions with wetland 8 9 ecosystems and could support the statements about intercultural relationships among peoples from the Isthmus, northwestern Andes and Colombian Caribbean (Bray, 1990; Castillo, 10 11 1988; Cooke and Sánchez, 2001; Fonseca and Cooke, 1993; Helms, 1979; Martin and Sánchez, 2007; Mendizábal et al., 2021; Piazzini, 2020; Reichel - Dolmatoff and Dussán de 12 13 Reichel, 1961).

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15 The raised fields are an ancient technology widespread in Central and South America for water management, usually for improving agricultural production (Comptour et al., 2018; 16 Denevan, 2006, 1970). However, the regional applications of this technology vary with the 17 environment, culture and the ecosystem services that peoples aimed for preservation. 18 19 Previous works have shown the particular paleoenvironmental and cultural conditions that influenced fluvial ecosystems and productive behavior of societies around the widespread 20 use of raised fields in South American floodplains (Iriarte et al., 2010; Ordóñez, 2006; 21 Rodrigues et al., 2018; Rostain, 2010). These works highlight the diversity of functions and 22 variables involved in the development and maintenance of raised fields beyond agricultural 23 practices, considering the hydrologic and climatic conditions in different geographical 24 locations. 25

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In the floodplain wetlands, the flood pulse is between the main environmental driving forces that link nutrient fluxes to primary production, hydrobiological resources and economic exchange (Junk et al., 1989; Montoya et al., 2011). The changes in frequency and intensity of flood pulses owing to climate variability and anthropic interventions have shaped the landscape and nutrient dynamics (Junk et al., 1989; Macklin and Lewin, 2015). In the Gulf

of Urabá, the performance of hydrological resources depends on the regional water cycle 1 which includes marine and hydrogeological processes as well as the local geomorphology 2 influenced by anthropic mounds, channels, platforms and ridges of prehispanic origin 3 (Denevan, 2006; Lombardo et al., 2011; Palomino-Ángel et al., 2019; Poveda and Mesa, 4 1999; Rodrigues et al., 2014). This is particularly relevant because it affects the biocoenosis 5 and nutrition loads for fishing, hunting, gathering or cultivation (Merten et al., 2020; Muller, 6 7 1995; Parolin and Wittmann, 2010; Vasey et al., 1984), leading to cultural changes and particular landscape and territorial patterns. 8

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The archaeology of the Gulf of Urabá in this regard, show prehispanic populations in the 10 11 transition zone between Central and South America who shared phylogenetics and cultural features (Capodiferro et al., 2021; Martín et al., 2015; Mendizábal et al., 2021; Piazzini, 12 13 2020), but material culture in the León river on the southwest of Urabá is clearly different from that of neighboring populations to the northeastern (Alzate, 2015; Arcila, 1955; GIAP, 14 15 1980; Posada et al., 2019; Santos, 1989). Similarly, the wetlands are restricted to the southern part of the gulf where precipitation are higher and topography favors the permanent flooding 16 by river overflow and water table fluctuations. This points out the relevance of the space-17 time framework for the Urabá raised fields to elucidating distribution, performance and origin 18 19 of this technology and the cultural practices for water use. So this study explores the paleoenvironmental conditions in El Vergel archaeological site, focusing on the 20 hydroclimatic complexity of Urabá and its role in the cultural practices, as the first approach 21 22 to the human occupation history of the León river wetlands and its lessons for contemporary water management. 23

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2. Geographical settings

El Vergel archaeological site lies in the middle reaches of the León river, 4 km West from the river stream (Fig. 1). It is a massive wetland filled with ditches, platforms, ridges and mounds that are enclosed by the mountain ranges of Darién to the West and of Abibe to the East. The wetland links the watersheds of the rivers Atrato, León, Tumaradocito and Suriquí within a relatively homogeneous swampy lowland. The geology consists of basal sedimentary rocks from Paleogene-Neogene age comprising lithic to sublithic sandstones

interspersed with mud and limestone. Quaternary alluvial sediments rest on the sedimentary 1 layers and together form a multilayer aquifer with different levels of porosity and 2 permeability (IDEAM, 2013). The unconsolidated sediments derived mainly from the Abibe 3 mountain range, consist of sands and silty-clays of silicate, calcareous and oxide minerals. 4 In addition, igneous sediments from basalts, breccias, agglomerates, granites and andesitic 5 porphyries are transported by the Atrato river from the Darién mountain range and some 6 7 isolated hills. The sediment load to the León river basin from both mountain ranges totals with 810,000 ton/a (Guevara et al., 2015; Guzmán and Ceballos, 2001). Two granitic hills 8 alone stand out inside this massive floodplain fringed by the raised fields, El Cuchillo and 9 Lomas Aisladas. 10



Fig. 1. Map of the raised fields distribution (red polygon) around El Vergel archaeological
 excavation (red dot); (A) Continental context; (B) Regional location; (C) Aerial image and
 (D) *in situ* photograph.

The wetland soils in the middle and lower reaches of the León river are periodically flooded 4 5 during high precipitation periods, promptly recharging the two regional aquifers found underneath and increasing the runoff (Betancur-Vargas et al., 2017; Ríos and Martínez, 1995; 6 7 Villegas et al., 2013). The average rate for annual rainfall varies between 2,000 mm to the North and 4,000 mm to the South, depending on the position of the Intertropical Convergence 8 9 Zone (ITCZ). The precipitation pattern is unimodal with a dry season between January-March when the ITCZ is at its southernmost position, and a rainy season between April-10 December when the ITCZ is above the study area. The minimum rainfall rate amounts to 70 11 mm/month and coincides with Caribbean trade winds in the dry season. The maximum 12 rainfall rate surpasses 200 mm/month in the rainy season (Betancur-Vargas et al., 2017; 13 Guzmán and Ceballos, 2001). According to the climatic and limnimetric station located in 14 Barranquillita, close to El Vergel archeological site, the average multiannual flow of the León 15 river is 70.7 m³/s, but increases downstream due to other tributaries. 16

3. Methods

Fifteen control pits were surveyed by digging in the best preserved zone of El Vergel 18 archaeological site along a West-East transect. Six out of 15 diggings shared artifact and 19 20 charcoal evidence embedded in similar soil profile, so we chose a ridge and a channel around it for excavation. Stratigraphic integrity and earthwork pattern were considered while 21 recovering soil, artifacts and charcoal samples during the excavation. Since the channel 22 represents a local scale micro-depositional basin, the archaeological materials were best 23 stratified in the channel sediments. The soil horizon nomenclature followed the parameters 24 25 of the USDA soil taxonomy (Soil Survey Staff –SSS, 2017, 1999), while the stratigraphy adopted the identification and description criteria established in Goldberg and McPhail 26 (2006), and Sloss and Krumbein (1969). 27

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29 **3.1.** Palynology and diatom sampling, preparation and identification

About 2 cm³ sediment samples were collected at different depths according to stratigraphic 1 distribution, organic matter and soil development. All samples were mechanically and 2 chemically dispersed with sodium pyrophosphate (Na₄P₂O₇) and then oxidized with 3 hydrogen peroxide (H₂O₂). The sampling, preparation, identification and quantification of 4 diatoms were performed after González (2022) according with Segecin et al. (1999). Only 5 the pollen samples were subjected to acid hydrolysis by adding hydrofluoric (HF) and 6 7 hydrochloric (HCL) acids (Faegri and Iversen, 1975). The material was warm-dried onto glass slides and mounted in Entellan® resin. Observations, measurements and 8 9 photomicrographs were taken at 40x and 100x (Olympus CX41 microscope with AxioCam ERs 5s camera). Some photomicrographs were taken using a Scanning Electron Microscope. 10 11 Owing to the differential preservation of diatoms down core, the taphonomic processes were analyzed qualitatively by fragmentation, dissolution and lamination of valves. The whole 12 13 results, including artifacts and elemental geochemistry, were plotted with Grapher 13.3.754. 14

15 **3.2.** Soil chemistry and micromorphology

The physical and chemical properties of the soil sampled were compared with natural soils 16 of the same physiographic unit in the León river basin reported in IGAC (Instituto Geográfico 17 Agustín Codazzi - IGAC, 2007). The content of Fe, Ti and Al in alluvial sediments was 18 19 determined by Inductively Coupled Plasma - Optical Emission Spectrometry (ICP-OES) after acid digestion. The organic matter content was estimated using the Walkley-Black 20 method. Effective cation exchange capacity (ECEC) and base cations in soil (Ca, K, Na y 21 Mg) were measured by absorption and emission spectrometry after extraction with 22 ammonium acetate (NH₄CH₃CO₂) 1M at pH 7. Total phosphorus was determined using 23 potassium nitrate (KNO₃)/sodium nitrate (NaNO₃) and a spectrophotometer. Finally, soil 24 micromorphology was evaluated following Bullock et al. (1985), with emphasis in 25 archaeological features described in Courty et al. (1989), Stoops and Marcelino (2010) and 26 Stoops and Nicosia (2020). 27

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29 3.3. Radiocarbon dates

30 The ¹⁴C dates were obtained by accelerator mass spectrometry (AMS) from charcoal samples

31 collected in stratigraphic units without post-depositional disturbance. Calibrated dates were

obtained with the Calib 8.2 software using IntCal20 calibration curve and a 2σ probability
 interval (Reimer et al., 2020; Stuiver and Reimer, 1993).

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4 3.4. Statistical analysis

Principal component analysis (PCA) was performed in order to explain the variability of the
geochemical, biological and artifact findings. Significant correlations between these
variables were obtained with the Pearson test. All statistical analyses were carried out using
IBM SPSS version 25 and Statgraphics 19 Centurion.

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10 4. Results

11 4.1. Archeological excavation, stratigraphy and chronology

A 4 m trench 1,7 m deep was dug between the selected channel and the ridge, which displayed 12 13 five stratigraphic units in a moderately developed soil (Fig. 2). The borders between units were diffuse due to weathering, with the exception of a clear discontinuity between 14 15 stratigraphic units II, III and IV (Table 1). The distribution of ceramic fragments along the sequence was multimodal, with increased density after unit I where we record a subtle 16 typological change. Unit I share similar chronology with the most lower level of Toribio 17 archaeological site dated to about ¹⁴C 1570±53 yr BP (Posada, 2022). Pedological evolution 18 19 was incipient in all units with absence of buried soil or paleosols in the whole sequence.



1 Fig. 2. Stratigraphic sequence in El Vergel excavation

Stratigraphic unit	Description
I (140-60 cm)	Clayey-silt sediment layer, densely mottled with abundant Fe/Mn oxide nodules forming a Cgu soil horizon bearing charcoal and artifacts. Its upper limit to the ridge was flat and diffuse but wavy and abrupt to the channel. Radiocarbon age at the top layer of the ridge was $531-609$ CE (14 C 1516+31 yr BP: A 115152)
II (60-15 cm)	Loamy-clayed sediment layer occurred in the ridge only and displayed increased artifact density. The color was yellowed-brown with dispersed Fe/Mn oxide nodules forming a Cgu soil horizon. Root pedofeatures and charcoal were frequent. The upper limit was wavy and gradual but laterally discordant with unit III.
III (60-20 cm)	Channel filling clay-loam sediments, ceramic artifacts and charcoal with less pedological development. Gleyed mottle morphology with Fe/Mn oxide nodules, massive structure and root pedofeatures. The upper limit was discordant with the upper unit IV. Radiocarbon age at the middle of the unit was 868-991 CE (¹⁴ C 1144±31 yr BP; AA115150).
IV (20-5 cm)	This layer covered the El Vergel archaeological site throughout. It was dominated by loamy-sand sediments, pale gray color with some mottles, contained ceramic artifacts and few charcoal with no Fe/Mn oxide nodules. The upper limit was flat and abrupt, suggesting a discontinuity with the next stratum. Radiocarbon age was post bomb (1962-1977 CE), which along with the fluvial origin of sediments may suggest reworked materials.
V (5-0 cm)	Thin layer of loamy soil, brown-gray color with some mottles, strongly compacted structure and mid to high content of organic matter forming an Ap horizon. Both ceramic artifacts and charcoal were absent.

- 3 **Table 1.** Pedostratigraphical description.
- 4

5 4.2. Site formation processes

Hydromorphism was the main pedogenic process of the archaeological site. This is consistent 6 7 with the high presence of Fe/Mn oxide nodules, ferruginous hypo-coatings around root voids and gleyed zones of the soil profile (Fig. 3). These features are produced in situ by the 8 9 fluctuation of groundwater levels that lead to degradation of palynomorphs, organic and 10 carbonate debris as those associated with faunal bones and shells. The steep reduction in 11 diatom frequency under stratigraphic unit IV was probably due to dissolution of fragile frustules under long term waterlogging variations, opal hydration and mechanical 12 fragmentation during transport and deposition (Barker, 1992; Flower, 1993; Reed, 1996; 13 Sierra-Arango et al., 2014; Warnock et al., 2007). Because the ascension of alkaline 14 15 groundwater and marine intrusions through the riverbed (Jiménez and Campillo, 2020;

Villegas et al., 2013), the chemistry of the channel soil stabilized at alkaline pH levels and were clearly depicted by the increased downcore content of Ca²⁺ and Mg²⁺, measured in the stratigraphic units I, II and III, where Mg²⁺ saturation reached high levels (37-44 %; Table 2). Such pH levels increase silica dissolution of bioclasts despite being more resistant than carbonated (Fritz et al., 1999; Jorgensen, 1955; Ramírez et al., 2007).

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Another relevant processes were the flood pulse and the water flow inside the channel. These 7 featured diverse minerals, mild chemical weathering, homogeneous soil morphology, no 8 9 buried A horizon and low levels of sedimentary organic matter (Table 2; Fig. 2). This concurs well with frequent but moderate water fluxes into the channel and ridge. Both processes cause 10 11 further fractionation of diatoms, pollen oxidation, variation in trace elements levels and loss of suspended clay (Sierra-Arango, 2013). The preservation of the archaeological record is 12 13 likewise affected by mechanical bioturbation observed in roots, microfaunal remains and fabrics (Fig. 3A). Undoubtedly, the exceptional event registered in the stratigraphic unit IV 14 15 would have caused reworking and mixing ages of the layers.



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Fig. 3. Palynological and soil micromorphological features. (A) Loose continuous excremental infillings in stratigraphic unit I; (B) Weakly developed pedality in stratigraphic unit IV; (C) Fe oxide hypocoatings in a yellowish brown groundmass with dense angular quartz crystals in stratigraphic unit III; (D) *Gyrosigma scalproides* diatom; (E) *Luticola acidoclinata* diatom; (F) *Aulacoseira* spp diatom; (G) Poaceae pollen grains; (H) Convulvulaceae pollen grain; (I) Podocarpaceae pollen grain.

								Channe	l data							
Strat	рН	%	%	C/N	Ca	K	Mg	Na	ECE	Total P	Cation	Ca/Mg	K/Mg	Clay	Silt	Sand
igra		Organic	Organic	Ratio	(meq/	(me	(me	(me	C	(mg/K	Saturation	Ratio	Ratio	(%)	(%)	(%)
phic		carbon	nitrogen		100	q/10	q/10	q/10	(meq/	g)	(%)					
Unit					g)	0 g)	0 g)	0 g)	100							
									g)							
V	5.18	5.04	0.59	11.59	4.68	0.46	2.9	0.16	9.06	251.2	35.39	1.60	6.34	42.2	45.4	12.4
IV	6.19	0.81	0.10	11.59	6.49	0.06	3.76	0.14	10.45	91.57	59.98	1.72	62.66	24.1	45.2	30.7
III	7.37	0.29	0.03	11.61	8.39	0.09	7.68	0.19	16.35	88.51	86.42	1.09	85.33	26.0	41.1	32.9
III	7.38	0.23	0.03	11.60	12.29	0.18	8.67	0.15	21.29	87.92	91.18	1.41	48.16	13.2	45.5	41.3
I	7.45	0.38	0.05	11.60	9.73	0.12	8.64	0.15	18.64	127.05	80.98	1.12	72.00	19.6	49.5	30.9

								Ridge	data							
Stra	pН	%	%	C/N	Ca	K	Mg	Na	ECE	Total	% Cation	Ca/M	K/Mg	Cla	Silt	San
tigr		Organi	Organic	Ratio	(meq/	(me	(me	(me	С	Р	Saturation	g	Ratio	у		d
aphi		c	nitrogen		100	q/10	q/10	q/10	(meq/	(mg/kg		Ratio				
с		carbon			g)	0 g)	0 g)	0 g)	100)						
Uni									g)							
t																
V	5.68	3.50	0.41	11.59	6.71	0.23	6.32	0.35	13.61	130.40	62.26	1.06	27.47	48.5	37.1	14.4
IV	7.25	0.24	0.03	11.58	7.23	0.05	7.11	0.31	14.70	76.22	80.58	1.01	142.20	30.2	43.1	26.7
II	7.44	0.32	0.04	11.59	9.56	0.06	8.38	0.20	18.20	88.19	91.72	1.14	139.66	30.1	45.3	24.6
II	7.27	0.30	0.04	11.61	12.72	0.09	8.59	0.13	-	78.03	Saturated	1.48	95.44	32.2	43.2	24.6

Ι	7.35	0.39	0.05	11.59	13.30	0.11	8.71	0.12	-	75.30	Saturated	1.52	79.18	27.8	45.4 26	5.8
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Table 2. Physical and chemical properties of soil in El Vergel pedostratigraphic sequence.

1 4.3. Palynomorphs and biosiliceous components

The pollen sequence showed ecological patterns and successional changes, but no evidence 2 3 of agricultural crops. In the stratigraphic unit I, 82% of the pollen recorded at 180 and 100 cm corresponded to tropical rainforest taxa highlighted by Forsteronia, Juglans sp., 4 Desmodium sp., Alnus sp. and Apocynaceae (Fig. 3). While the savannah pollen got 4.5% 5 represented by Poaceae, and finally the swamp taxa 13.5% with Cyperaceae. A low diatom 6 7 abundance with alternating dominance was recorded. Aulacoseira sp. dominated between 25-100 cm and Gyrosigma cf. scalproides below 100 cm. Some resistant structures from centric 8 diatoms, Actinella, fragments of Eunotia cf. monodon, Pinnularia sp., Stauroneis sp. as well 9 as some sponge spicules were also found in the unit I. 10 11

The stratigraphic unit III, was dominated by rainforest group and represented by *Carya* sp. Type, *Tapirira* sp. Type, *Podocarpus* sp. and *Forsteronia* sp. Cyperaceae increase the swamp taxa (24%) followed by savannah vegetation (17.1%) with Poaceae. Although Fabaceae and Anacardiaceae were the dominant rainforest taxa, their count decreased atop the core whilst Poaceae and Asteraceae increased. Further analysis identified some *Luticola incana* and *Pinnularia borealis* from the algal group atop the stratigraphic unit III (Fig. 3).

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In the stratigraphic unit IV, open vegetation increased with Poaceae and Ambrosia sp. representing 38.3%, whereas Cyperaceae, Onagraceae and Typha type grains reached 31.3%, suggesting a transitional environment dominated by savannah and swamp vegetation with few rainforest taxa such as *Palicurea* sp., *Juglans* sp., *Desmodium* sp. and Arecaceae. The diatom assemblage at 17 cm deep was represented by *Luticola acidoclinata*, *Pinnularia borealis*, *Eunotia* and *Aulacoseira* sp., whereas the diatom *Brachysira* sp. only occurred in the record at 15 cm.

26

The last stratigraphic unit registered high pollen frequencies from both savannah and swamp
taxa. Whereas savannah comprised 44.5% with Poaceae, *Ambrosia* sp. and Asteraceae,
swamp included Cyperaceae, Onagraceae and *Thypa* type grains with 32%. Nevertheless, the
rainforest ecosystem recovered slightly at 3 cm by increasing its diversity with Bromeliaceae, *Alchornea* sp., *Acalypha, Desmodium* sp., *Trema* sp., *Hedyosmum* sp., *Pseudobombax* sp.

and Symphonia. The richness of well preserved diatom taxa was high, being the genus
 Pinnularia, Luticola, Frustulia, Nitzschia, Hantzschia, Eunotia, Sellaphora, Encyonopsis,
 Stauroneis, Navicula, Gomphonema, Placoneis and Achnantes the most conspicuous
 (González, 2022).

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6 4.4. Geochemistry and soil micromorphology

The sedimentary content of Fe, Al and Ti increased down core with one peak resolved 7 between 10-20 cm depth (Fig. 4). The levels of Fe, Al and Ti were higher at the bottom core 8 in unit I than in the rest of the sequence, indicating increased runoff. The levels of Fe and Al 9 were higher than that of Ti. The micromorphology exhibited diverse biostructures and 10 11 inorganic sediments slightly altered, well developed porosity and several impregnative Fe/Mn oxide nodules, some of them cut forward by pedofaunal activity (Fig. 3A). The 12 13 organic carbon was very low although total phosphorus (P) reached 127 mg/kg in the deepest stratum. The levels of Fe, Al and Ti decreased gradually from 40 cm in stratigraphic unit III 14 15 to 20 cm depth. The period of greatest artifact deposition within the channel load corresponded with 40 cm depth (¹⁴C 1144±31 yr BP). The ECEC (Effective Cation Exchange 16 Capacity), base saturation and pH levels were higher in the deeper units than those reported 17 for natural and recent soils (Instituto Geográfico Agustín Codazzi - IGAC, 2007), but may 18 19 be accentuated by groundwater salts (Villegas et al., 2013).

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The features of the stratigraphic unit IV suggested a sudden flood event between 20-5 cm, 21 when the levels of the three elements peaked. These levels of Fe and Al almost match those 22 found in the stratigraphic unit I before anthropic occupation. However, these should be seen 23 24 with caution since the apparent increase in humidity might be partially overestimated by 25 redox conditions. In fact, the soil micromorphology showed diverse redoximorphic features, 26 including intrusive and impregnative pedofeatures. Soil microstructures displayed less porosity and pedality than the stratigraphic unit I, with frequent root remains, coarse 27 28 minerals, nucleic organic nodules, and occasional occurrence of micromollusks (Fig. 3B). The peaks of the three metals dropped suddenly between 12-1 cm to levels indicating 29 30 desiccation of the León River wetlands in modern times. Accordingly, the pH, ECEC and base saturation decreased as opposed to the organic matter and total phosphorus (Table 2). 31







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6 4.5. Data correlation and paleoecological reconstruction

The vertical and statistical correlation of data show the reliance of pollen, diatoms and 7 8 geochemistry for hydroclimatic interpretation in spite of Fe oxidation. The variance 9 explained by two principal components is 82.04% (Fig. 5). The component 1 explained 10 58.64% of the variance and was mostly weighed by Fe, pollen and subaerial and periphytic diatoms. The component 2 was represented by Al, Ti, planktonic diatoms and ceramic 11 12 artifacts. The contents of Fe, Al and Ti correlated significantly (p<0.05) among them with 13 Pearson correlation coefficients ranging 0.76-0.92. The Fe reverse correlated (p<0.05) with subaerial and periphytic diatoms as well as pollen, with Pearson correlation coefficients 14 between 0.67-0.88. Neither Al or Ti correlated significantly with biological data. Pollen of 15





Fig. 5. Principal Component Analysis for pollen assemblages, diatoms, artifacts and
geochemistry.

The sediment load to the floodplain arises from weathering of the densely forested mountains of Serranía de Abibe, therefore the content Fe, Al and Ti in channel sediments can be used for elucidating the frequency of fluvial events by hydroclimatic forcing. Indeed, high sedimentary content of Fe, Al and Ti was found in the channel along with high pollen density from tropical rainforest and low density for both human pottery and planktonic diatoms (Fig. 5).

The human occupation began at 531-609 CE before channel development, when the record 1 of Forsteronia sp. woody creepers in the palynomorphs indicated prevailing humid 2 conditions with a long term decreasing trend towards present. According to artifact 3 deposition, this first human incursion was not permanent but stationary. The prevailing 4 humid conditions depicted by the palynomorphs concur well with high levels of Fe, Al and 5 Ti derived by high sedimentation rates and runoff. The amount of diatom valves in the 6 7 channel soil was low with sparing occurrence of Aulacoseira sp. and Gyrosigma cf. scalproides (Fig. 4). The raised fields were built before 868-991 CE, when human occupation 8 became permanent, coinciding with decreased precipitation that caused diminished pollen 9 accumulation rates although the rainforest remained yet the main local ecosystem. The low 10 11 rates for accumulation of rainforest pollen continued until fading within the stratigraphic unit IV. The occurrence of subaerial diatoms indicated reduction in aquatic habitat as well. 12

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The geochemistry suggested a light increase in runoff that was not confirmed by either pollen 14 15 or diatom records during this period in the stratigraphic unit IV. This apparent contradiction needs to be interpreted in the light of newly increased erosion rates due to human earthworks 16 and the mixing properties of this altered stratigraphical unit by an atypic flood event. Clearly, 17 this event was out of control of the raised fields because it is widespread around the site on 18 19 both the channel and ridge. The Fe peak atop this stratigraphic unit could be regarded as an effect of oxidation (Muñoz et al., 2017; Petersen et al., 2000) probably during plant 20 diversification due to warming and dry weather. This peak was concomitant with a lull for 21 22 Ti and Al, which could thus reliably be interpreted as decreased deposition of sediments.

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In fact, diatoms were very scarce and forest regenerated slightly displaying other new taxa, but savannah vegetation persisted as long as artifacts deposition reached the highest count. The incipient soil development, the diversity of biological remains and redoximorphic features observed micromorphologically, along with chronostratigraphic data, suggest that the stratigraphic unit IV was caused by a local, strong and short term flood event during a dry and warm environment. The environmental conditions beyond the stratigraphic unit IV changed progressively to dryness and evinced people suddenly disappearing.

1 **5.** Discussion

The first humans arrived at El Vergel archaeological site around VI century CE, but the 2 3 earthworks seem to have been developed for permanent use a few centuries later. Our paleoecological and chronostratigraphic data highlighted the prevalence of a wet 4 5 environment in El Vergel during this first stage of occupation. Additionally, the data depicted a long term trend towards a dry period after construction of the raised fields around the IX 6 7 century CE. It is consistent with palynological records from the western Colombian Andes (Muñoz et al., 2017; Rangel et al., 2005; Velásquez, 2005) and the Panamanian Darien (Bush 8 9 and Colinvaux, 1994; Lachniet et al., 2004) during a fairly dry period between CE 1100 and 1200 year BP regarded as Medieval Warm Period (Acevedo et al., 2020; Berrío et al., 2000; 10 11 Plazas et al., 1988; Van der Hammen et al., 2005; Velásquez, 1999). Hence the runoff reduction could not have the anthropic influence only. 12

13

Additional palynological data coming from the coastal plains is, however, challenging due 14 15 to elution by large sediment loads collected in the lowlands (Lazala et al., 2010; Romero and Rangel, 2013). Other factors adding to this elution are the anthropogeomorphic disturbances 16 and ENSO variability that result in increased precipitation, erosion and runoff (Haug et al., 17 2001; Martin et al., 1993; Muñoz et al., 2017). The sediment load arising from ENSO 18 19 variability is particularly high in the southern Gulf of Urabá owing to massive precipitation caused by the convergence of the low level atmospheric jets Panama and Chocó beyond the 20 seasonal migration of the intertropical convergence zone (ITCZ) (Poveda and Mesa, 1999; 21 22 Rúa et al., 2015; Vélez-Agudelo and Aguirre-Ramírez, 2016). Besides climatic patterns, the León river basin is a groundwater dependent system which floods the wetland regardless of 23 rainfall at short term (Arana, 2015; CORPOURABA, 2019), so regional hydrogeology plays 24 25 an important role in the water storage and transfer to the ecosystem.

26

The whole data suggest a reduced, continued and slow deposition of sediments, without organic accumulation and mild mineral weathering associated with unstable geomorphic processes. Most of these processes were influenced by water table fluctuations and increased flow through artificial ditches. This led to incipient soil development and low fertility according to poor organic carbon and phosphorus contents, besides the potentially toxic soluble salts enrichment in the soil. For this reason along with the lack of cultivars, clearing
or plowing evidence, we cannot link the studied raised fields with agricultural practices.
Conversely to other raised fields in South America with cultivation evidence (Berrío et al.,
2001; Boixadera et al., 2019; Iriarte et al., 2010; Plazas et al., 1988; Rodrigues et al., 2020,
2014), the El Vergel profile does not show either buried soils nor peat that could be related
to organic rich/manure accumulation model (Lombardo et al., 2011).

7

The low content of sedimentary organic matter and coarse granulometry during channel 8 9 operation, is probably because the water in the channels was not stagnant, but rather flowing, leading to suspension transport of low gravity sediments, accumulation of coarser ones and 10 11 allowing mechanical diatom fragmentation. This is reinforced by the domination of mottled 12 or redoximorphic features instead of gleyed morphology in the whole profile. Therefore, 13 there is a clear probability that prehispanic communities in El Vergel site managed a climate transition towards a less humid environment by developing raised and ditched fields for 14 15 reasons different from agricultural production (Lombardo et al., 2011; Morlon, 2006; 16 Rodrigues et al., 2018).

17

The lack of agriculture should not be overestimated because of the restrictions of our survey and the differential performance of raised fields (Morlon, 2006; Renard et al., 2012). Nonetheless, the cultivated plants could be a marginal food resource regarding fishing, turtle farming, hunting and gathering as important strategies against local ecosystem services (Comptour et al., 2018; Erickson, 2000; Jaramillo and Jiménez, 2008; Márquez, 2008). By the way, Posada (2022) reports a domestic context in the Toribio archaeological site, near 13.5 km from El Vergel, with hearth evidence and frequent remains of mollusks.

25

The use of ditched fields for managing flood pulses proposed by Lombardo et al. (2011), seems also plausible in El Vergel. However, there is evidence to support a wider hypothesis including the use of this technology for regional distribution of water during a period of hydric stress. Sourcing would be fluvial as well as subterranean from available shallow springs (Betancur-Vargas et al., 2020; Ríos and Martínez, 1995) and developed by wells and ditched fields, in the same way of Maya wells and reservoirs in seasonally dry regions (Isendahl, 2011; Johnston, 2004). Water redistribution would be akin to that of natural flood
pulses to mitigate progressive dryness, and could explain the pervasive occurrence of the
raised fields with interconnected channels and no clear boundaries among the watersheds of
the rivers León, Suriquí and Tumaradocito (Posada, 2022).

5

6 This study is unable to provide a rationale for the practical disuse of these raised/ditched 7 fields at the end of the prehispanic period. Nevertheless, the sudden event related to the 8 occurrence of the stratigraphic unit IV must be taken into account, since it broke the historical 9 sequence. Despite bearing potentially reworked materials at this stratum, accounting for the 10 above mentioned strong depositional event together with both demographic increase and 11 intense alteration of the landscape, constitute valuable clues for further research to understand 12 the abandonment of the site before the Spanish conquest of Urabá

13

After reviewing these ideas through multiproxy data and specific geographic conditions in the Gulf of Urabá, considerable insight has been gained in regard to the hydrological system management of prehispanic communities beyond agricultural practices. Thus, people profited on a wide range of hydrobiological resources taking advantage of the hydric and hydraulic predictability of the raised/ditched fields to reduce cultivation dependence and climatic change risks.

20

21 6. Conclusions

Our study at the El Vergel archaeological site shows that around 531- 609 yr CE, the first evidence of human occupation was recorded in the León River wetlands with no signs of earthworks stratigraphically associated. The occupation seems to be sporadic or seasonal according to the vertical variability of ceramic deposition. Prevailed humid climatic conditions and forest cover in the wetland at this stage.

27

28 Geochemical, palynological, and diatom data reveal a progressive shift toward drier climatic

29 conditions. At the same time, human occupation of the site intensifies, peaking around 868 -

30 991 yr CE. The peak of the occupation occurs when channel and ridge have been developed

31 earlier.

In spite of critical effects on the palynomorphs and biogenic silica bodies preservation, and the redoximorphic conditions, salt accumulation and fluvial transport processes, we found low levels of natural fertility in the soil by physical and chemical properties and no evidence of agriculture by macro and micromorphological features, so we cannot to establishing clear associations between raised fields and agricultural practices.

7

8 Instead, the presence of well-formed channels in the warming period, the spatial distribution 9 of shallow springs from the aquifer and the report of aquatic faunal remains in the nearby 10 archaeological site Toribio, suggest the development of raised fields for water use and 11 management, probably for wetland conservation and aquaculture during drought period. 12 These results highlight the role of raised fields for hydric control as the primary resource of 13 the wetland ecosystem in Urabá, encouraging new lines on research for the Colombian-14 Isthmic archaeology, paleoecology and conservation.

15

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