

# Work Engagement as Mediator between Perceived Participation, Supervisor Support and Altruistic Behaviors: Empirical Results from the Italian Social Enterprise Sector

Compromiso con el trabajo como mediador entre participación percibida, aporte de supervisor y comportamientos altruistas: resultados empíricos desde el sector italiano de empresas sociales

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## ABSTRACT

This research note presents an empirical study conducted in a number of social cooperatives (SCoops). Democratic governance has been identified as a defining aspect of this kind of social enterprise. Using the work and organizational psychology approach, the authors studied the effects of democratic governance and supervisor support on workers' engagement and organizational citizenship behaviors. The convenience sample technique was used for gathering the data. Data was collected with a self-administered questionnaire. The sample consisted of 258 participants from three different Scoops situated in northern Italy. Statistical analysis results suggest that worker's perceived participation and supervisor support enhance work engagement, and subsequently, altruistic behaviors. Finally, the authors comment on the limitations of the study giving methodological suggestions for future empirical research.

### Key words authors

Social enterprises, organizational citizenship behavior.

### Key words plus

Organizational Psychology, Governance, Work, Quantitative Psychology.

## RESUMEN

El presente artículo presenta una investigación realizada con la colaboración de varias cooperativas sociales (SCoops). El gobierno democrático es una de las principales características de este tipo de empresa social. A partir de la perspectiva de la psicología del trabajo y de las organizaciones (WOP), se estudiaron los efectos del gobierno democrático y del apoyo del superior sobre el compromiso hacia el trabajo y los comportamientos organizacionales de ciudadanía de los empleados. Se realizó un muestreo por conveniencia. Los datos fueron recogidos a través de un cuestionario autoadministrado. La muestra comprendió 258 empleados de tres SCoops situadas en el norte de Italia. Los análisis estadísticos realizados indican que la participación en la toma de decisiones y el apoyo del superior percibidos por los empleados, tienen una influencia positiva sobre su compromiso hacia el trabajo y sobre sus comportamientos altruistas. Por último, se presentan algunas sugerencias de carácter metodológico para la futura investigación.

### Palabras clave autores

Compromiso con el trabajo, comportamientos organizacionales de ciudadanía.

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**Palabras clave descriptores**

Psicología organizacional, gobernanza, trabajo, investigación cuantitativa.

**Introduction**

For almost two decades the Social Enterprise (SE) has captured the attention of scholars from all around the world. Globally, the SE has been defined as hybrid organizations that follow both social and economic goals (Austin, Stevenson, & Wei-Skillern, 2006; Guzmán-Vásquez & Trujillo-Dávila, 2008). Yet, the blurriness of the definition (Defourny & Nyssens, 2009; Lyon & Sepulveda, 2009; Neck, Brush, & Allen, 2009) has led to continuous theoretical debates and divided research efforts. As a result, SE research may have unattended several managerial key issues. For instance, whereas in the U.S. social science researchers have a more managerial approach to social enterprise, in Europe researchers often draw on economic theory (Kerlin, 2006). As a result, empirical approaches to aspects such as SE human resources phenomena are still scarce. Paradoxically, the improvement of human resource management (HRM) practices has been identified for years as an imperative need (Peattie & Morley, 2008; Thompson, 2002). In this sense, one of the few studies addressing this issue found that board members' HRM skills were undeveloped (Royce, 2007).

Now, given the importance that workers' involvement has in this kind of organization, this breach may seriously hinder SE's. Specifically, SE's are facing difficulties in areas such as recruitment and staff retention (Royce, 2007). This is not surprising given that SE's compete as employers in a labor market where competent resources are beckoned by competitive wages where for-profit organizations often offer more competitive wages. However, given that SE's are defined by a fundamental social mission (Alter, 2007), it is expected that SE's personnel is inspired by retributions that may complement the mere economic exchange (Mosca, Musella, & Pastore, 2008; Tortia, 2009). Thus, understanding the sources of personnel motivation becomes a critical aspect of SE's (Austin

et al., 2006). We contend that concerned disciplines such as work and organizational psychology (WOP) should lead to a better understanding on how aspects like managerial practices can affect personnel motivation. In doing this, research may clarify important managerial issues that may have passed unattended to the debate about general definitions of SE's.

In practice, the SE can adopt a range organizational structures that goes from social business, passing through cooperative enterprises, to traditional non-profits (Ridley-Duff & Bull, 2011). Still, in all cases a participatory decision-making has been identified as a defining managerial practice of SE's (Galera & Borzaga, 2009; Thompson, 2008). In this vein, Social Cooperatives (SCoops) can be thought as an exemplary type (International Cooperative Alliance, 2010; Mancino & Thomas, 2005). This kind of SE is characterized by its pluralist and egalitarian principles (Ridley-Duff, 2007). SCoops have expanded globally and for some scholars these organizations constitute a promising research field (Ridley-Duff, 2008; Rindova, Barry, & Ketchen, 2009). According to Low (2006), cooperative enterprises are worth of being encouraged even in the U.S. In countries like Italy, SCoops have a long tradition of underpinning to a great extent the integration of disadvantaged people to the labor market and supplying social assistance services (Thomas, 2004). In particular, in a study that involved Latin American SE's, Alter (2007) notes how Italian SCoops have inspired a number of ventures abroad. This is not surprising given the exemplary role of cooperatives as agents of both economic development and social well-being. This fact was recently stressed by Ban Ki-moon (2012), general secretary of the United Nations.

Three SCoops from northern Italy participated in the research reported in this paper. This region is among the most economic developed areas in Europe. Along with southern Germany and the south of the UK, northern Italy has the highest GDP per inhabitant (Eurostat, 2010). The authors of this article believe that important lessons for Latin American SEs can be drawn from the long experience of Italian Scoops. In particular, these organi-

zations have a considerable experience on HRM (Thomas, 2004). Hence, a research on how HRM practices (i.e. participative decision-making) impact the attitudes and behaviors of employees of Italian Scoops can help to formalize and, subsequently, transfer the best practices of these organizations. Moreover, studies remarking the success of Scoops respectful of the cooperative principles can boost a different image of cooperative organizations. In countries like Colombia, where the cooperative sector has been used as an excuse for labor abuses, the latter is a further practical application of the research presented in this paper.

### A WOP Approach to the Consequences of Participatory Processes within Scoops

Since participation in the decision-making is a defining aspect of SCoops, associated psychological processes may affect the relationship between employees and SCoops. Studies on the perception of workers on the degree in which participatory processes are enacted may complement extant economical studies on non-monetary remuneration (Mosca et al., 2008; Tortia, 2009). In WOP, the relationship between workers and organizations has been explained using different concepts. Work Engagement (WE), understood as a persistent and pervasive affective-cognitive work-related state that is not focused on a particular object, event or behavior (Schaufeli & Bakker, 2004), is a helpful construct

when trying to understand the employee's side in that relationship. Because of its wide scope, this concept seems useful when trying to understand the attitudes of workers regarding complex-diverse organizational contexts (i.e. SCoops). Regarding the conditions that would favor WE, Schaufeli and Bakker (2004) have suggested that WE is associated with participation in decision making. As regards its consequences, Bakker and Schaufeli (2008) have proposed that WE is associated with positive organizational outcomes, including extra-role behaviors (Schaufeli, Taris, & Bakker, 2006).

Despite the classical debate on its characterization as an extra-role behavior (Organ, 1997), WOP researchers continued to pay attention to organizational citizenship behavior (OCB) (Dalal, 2005). More than concentrating in this debate, the authors of this article want to highlight the appropriateness of OCB as an outcome to be studied within SCo's. OCB refers to the "contributions to the maintenance and enhancement of the social and psychological context that supports task performance" (Organ, 1997, p. 91). Now, since OCB reinforces what is definitely an important asset to SCo's and at the same time regards conducts that have so much to do with cooperation (Smith, Organ, & Near, 1983), these behaviors can be considered a suitable criterion variable in empirical research involving this type of SE.

Returning to the antecedents of WE, scholars have proposed that the lack of job resources is

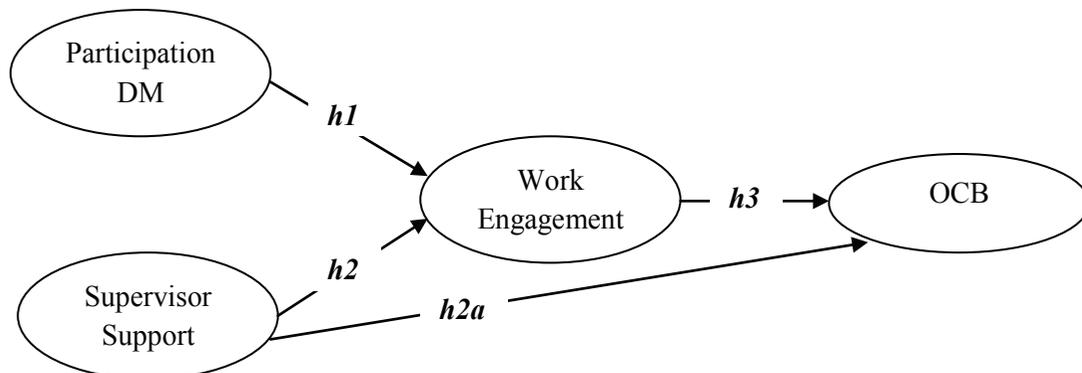


Figure 1. Hypothetical model  
Source: Own Work

related to the employees' disengagement (Bakker & Schaufeli, 2008; Schaufeli & Bakker, 2004). In particular, Schaufeli and Bakker (2004) found that WE, to some extent intended as supervisory coaching, played a mediating role between available resource and positive organizational outcomes. In consequence, there are reasons to believe that WE would mediate—at least partially—the influence of support from the supervisor (PSS) on positive organizational outcomes. In fact, leader support is one of the predictors of OCB, most often considered by OCB researchers (LePine, Erez, & Johnson 2002).

From the assertions presented so far, a theoretical model was proposed (Figure 1). The model, in which WE mediates the effects of perceived PART and PSS on OCBa, is composed by the following hypothesis:

H1: Scoops employees' perceived that participation boosts their work engagement.

H2: Scoops employees' perceived that the supervisor support has a positive influence on their work engagement.

H2a: Scoops employees' perceived that the supervisor supports have a positive direct effect on altruistic behaviors.

H3: Scoops employees' work engagement boosts altruistic behaviors.

## Method

### Sample

Data for statistical analysis was obtained through a self-reported questionnaire. The participants participated voluntarily at the survey. The sample consisted of 251 subjects, including employees (36.3%), partners (co-owners; 43.4%) and administrative staff (20.3%). The 54.6% of respondents were women, 92.8% had full-time, long term contracts while 4% of participants consisted of undergraduate students doing internships, 1.4% had full-time short term contracts and 1.4% was offering outsourcing services to the SCo's. Tenure ranged from 6 months to 32 years.

### Measures

Previous research has suggested that SCo's actual levels of participation and democratic decision-making may differ from what is desired (Ridley-Duff, 2009). As suggested before, the authors believe that an eventual divergence between principles attaining democratic governance and effective participation could influence negatively the work engagement. To assess actual participation on decision making (PART), a 3-item scale of a measure developed in Italy in a previous research was used (Román Calderón & Battistelli, 2011). This measure showed satisfactory psychometric properties and the scale demonstrated good reliability ( $\alpha = 0.86$ ) (Carmines & Zeller, 1989). Respondents were asked to manifest their agreement with 3 statements concerning their perception about the degree of participation of members on decision-making processes. A 5 point Likert scale was used for each item.

The shortened version of the Utrecht Work Engagement Scale (UWES) was used to evaluate employees work engagement (WE) (Schaufeli & Bakker, 2003). UWES was validated in Italy by Pisanti, Paplomatas, and Bertini (2008). According to Schaufeli and Bakker (2003) the shortened version of UWES is suitable to assess the general concept of engagement. This version was validated in Italy by Balducci, Fraccaroli, and Schaufeli (2010). It is worth mentioning that these characteristics of the shortened version were compatible with the data analysis. Like in the original scale, participants used a 7 point Likert scale to respond to the 9 items.

The Organizational Citizenship Behavior scale developed by Smith et al. (1983) has been widely used. Although the original dimensionality of this scale has been questioned, (LePine et al., 2002), some dimensions are used independently because of their strong linkage to organizational performance (Organ, Podsakoff, & MacKenzie, 2006). Altruism, understood as helping behaviors such as assisting others with their works, merits special attention given the constitutive principles of SCo's. From the methodological point of view, a prior research has shown that the altruism dimension (OCBA)

can be treated as an independent factor (Snape & Redman, 2010). OCBA has also been posited as an outcome of aspects like affective commitment (Organ & Ryan, 1995). Some authors even suggest that OCBA may be best thought of as an indicator of OCB (LePine et al., 2002). The Smith et al. (1983) version of the OCBA sub-scale was used to assess altruist behaviors. It consists of 5 items scored on a 5 point Likert scale.

A three items version of the instrument of Eisenberger, Huntington, Hutchison, and Sowa (1986) was used to measure the perceived support from the supervisor (Eisenberger, Stinglhamber, Vandenberg, Sucharski, & Rhoades, 2002). The shortened version of Eisenberg et al. (1986) questionnaire was validated in Italy by Battistelli and Mariani (2011). The respondents answered to this instrument in a 5 point Likert scale.

## Analysis

Smart PLS (versión 2.0 beta) statistical software was used for the data analysis (Ringle, Wende, & Will, 2005). Specifically, a structural equation modeling was carried out using the Partial Least Squares (PLS) methodology. As covariance-based SEM (CBSEM), PLS allows researchers to simultaneously analyze different complex relationships between latent variables (LVs). Furthermore, like CBSEM, PLS provides statistics on the psychometric properties of the measurement instruments. Compared with CBSEM, PLS is less restrictive in terms of sample-size (Haenlein & Kaplan, 2004). Put it differently, PLS produces results to evaluate the structural and measurement models included in theoretical models including LVs. Moreover, PLS can be used in both exploratory and confirmatory studies and is particularly useful when consolidated theoretical models with new measures or novel relationships between LVs need to be tested (Chin, 2010). Given the newness of some of the measures and the small sample size obtained, PLS is particularly suitable to test our hypothetical model.

The evaluation of the PLS measurement model implies an analysis of the construct validity for all

LVs. To conclude about the convergent validity of the LVs, the researcher has to weigh the Average Variance Extracted (AVE) and the communality of the Observed Variables (OVs). The Composite Reliability (CR) index and Cronbach's Alpha ( $\alpha$ ) are habitually used to conclude on the reliability of the scales. In order to validate the measurement model its statistics need to overcome the following critical values: AVE > 0.5; communalities > 0.5; CR > 0.7;  $\alpha$  > 0.6 (Chin, 2010; Esposito Vinzi, Trinchera, & Amato, 2010; Götz, Liehr-Gobbers, & Krafft, 2010; Hair, Anderson, Tatham, & Black, 2008).

The OVs' cross-loadings and the AVE test provide evidence on the divergent validity of the LVs. In PLS, OVs loadings on the expected LVs need to be up 0.7. Noteworthy, PLS algorithm tends to increase OVs' loadings to favor the analysis of the explained variance ( $R^2$ ) of the endogenous LVs. This is the reason for the presence in PLS measurement models of OVs cross-loadings exceeding the regular value of > 0.4. However, the OVs cross-loadings cannot overcome the loading on the theoretical LV (Chin, 2010; Götz et al., 2010). The AVE test consists in comparing the square root of AVE with the construct correlations. When this value exceeds each pair of correlations, the LV's divergent validity can be concluded (Fornell & Larcker, 1981).

The PLS structural model is examined weighting the endogenous LVs'  $R^2$ , the standardized regression coefficients ( $\beta$ ), the size effects of the predictors ( $f^2$ ), the statistical significance of each of the equations composing the model and the Stone-Geisser test ( $Q^2$ ). Regularly, two  $Q^2$  statistics are used to evaluate the predictive validity of the PLS structural model: the cross-validated communality ( $H^2$ ) for all LVs and the cross-validated redundancy ( $F^2$ ) for the endogenous LVs. These two criteria reflect the possibility for the PLS model to predict the OVs (Götz et al., 2010). The following are the rules of thumb for the statistics of the PLS structural model:  $R^2$  values of 0.67, 0.33, and 0.19 are described as substantial, moderate and weak (Chin, 1998).  $f^2$  values of 0.02, 0.15 and 0.35 indicate small, medium, and large effects (Cohen, 1988).  $H^2$  and  $F^2$  values exceeding the zero support

the predictive validity for the PLS structural model (Chin, 2010; Götz et al., 2010). The overall predictive performance of the model can be confirmed through the evaluation of the global criterion of goodness (GoF index) (Tenenhaus, Amato, & Esposito, 2004). GoF values of 0.1, 0.25 and 0.36 correspond to low, medium and high model predictive capability (Wetzels, Odekerken-Schröder, & van Open, 2009).

Since PLS SEM does not provide goodness of fit indexes allowing comparing between competitive models, an alternative procedure was adopted to this end. An additional path was added to the original model in order to test another PLS model. To decide between the two models, both the significance and the effects on LVs' R2 of the additional path were weighted.

Finally, the retained model was controlled for several demographic and organizational variables. Thus, in addition to the paths composing the re-

tained model, the dependent variable was regressed on age, gender, tenure and type of affiliation.

## Results

Overall, the findings regarding the PLS measurement model were satisfactory. According to the results of the statistical data-analysis construct validity could be concluded for that all the LV's. Aside from the item *we9*, all OV acceptably loaded on the corresponding constructs (> 0.7) without cross-loadings on the remaining LVs (see Table 1). Since the cross-loadings of *we9* did not surpass the hypothesized loadings, and in order to preserve the high of the criterion variable, the item was maintained. This decision was supported by further results on the construct validity of all LVs.

The divergent validity of all LVs was confirmed by the results of the AVE test (see Table 2). The

**TABLE 1**  
*Cross Loadings PLS Measurement Model*

	OCBa	PART	PSS	WE
ocb1	0.82	0.46	0.47	0.6
ocb2	0.72	0.15	0.36	0.41
ocb3	0.88	0.55	0.54	0.62
ocb4	0.89	0.42	0.52	0.68
ocb5	0.86	0.49	0.58	0.66
part1	0.42	0.93	0.68	0.48
part2	0.47	0.94	0.65	0.47
part3	0.53	0.93	0.64	0.67
pss1	0.52	0.53	0.86	0.53
pss2	0.54	0.64	0.88	0.53
pss3	0.52	0.67	0.88	0.61
we1	0.68	0.45	0.58	0.9
we2	0.62	0.59	0.58	0.9
we3	0.58	0.55	0.57	0.89
we4	0.53	0.54	0.55	0.88
we5	0.52	0.49	0.55	0.86
we6	0.53	0.41	0.47	0.71
we7	0.65	0.49	0.52	0.87
we8	0.67	0.49	0.56	0.78
we9	0.71	0.51	0.51	0.83

Source: Own work.

WORK ENGAGEMENT AS MEDIATOR BETWEEN PERCEIVED PARTICIPATION,  
SUPERVISOR SUPPORT AND ALTRUISTIC BEHAVIORS

**TABLE 2**  
*Lvs' Correlations, Reliability and Construct Validity Indexes*

	1	2	3	4	CRa	$\alpha$ b	AVEc
1. OCBa	0.83*				0.92	0.89	0.7
2. PART	0.52	0.93			0.95	0.92	0.87
3. PSS	0.6	0.71	0.87		0.91	0.85	0.76
4. WE	0.72	0.6	0.64	0.85	0.96	0.95	0.72

Note. N = 258. a Composite Reliability. b Cronbach's Alfa. c Average Variance Extracted (AVE). \* Squared root of AVE. AVE Test (Fornell & Larcker, 1981).  
Source: Own work.

**TABLE 3**  
*Lvs' Explained Variance, Communalities and Redundancies*

Variable	R <sup>2</sup>	Communality	H <sup>2</sup>	Redundancy	F <sup>2</sup>
1. OCBa	0.56	0.7	0.7	0.16	0.35
2. PART		0.87	0.76		
3. PSS		0.76	0.87		
4. WE	0.45	0.72	0.72	0.18	0.32
Average	0.5	0.76			
GoF*	0.62				

Note. N = 258. \*Global criterion of goodness.  
Source: Own work.

**TABLE 4**  
*PLS Structural Model*

Paths	$\beta$	t-value	f2	Ratings
PART → WE	0.28	4.19 *	0.07	Small to medium
PSS → WE	0.44	6.18 *	0.18	Medium to large
WE → OCBa	0.57	10.67 *	0.29	Medium to large
PSS → OCBa	0.24	4 *	0.07	Small to medium

Note. N = 258. Bootstrapping 1000 samples.  
\* $p < 0.001$ .  
Source: Own work.

values of the AVE test for each construct exceeded all pair correlations. The reliability of the measures is presented in Table 2. In all cases,  $\alpha$  surpassed the critical value ( $> 0.6$ ). Likewise, the CRs of all LVs went above the rule of thumb ( $> 0.8$ ). As regards the convergent validity of the constructs, all values were satisfactory ( $> 0.5$ ). Moreover, as shown later in table 3, the communalities overcame the critical value ( $> 0.5$ ).

Similarly, the results for the PLS structural model were satisfactory (see Table 3). The different values obtained by the PLS model support its

predictive validity. In particular, medium  $R^2$  values were found for both the mediator (WE) and the criterion variable (OCBa). Furthermore, the  $H^2$  and  $F^2$  results ( $> 0$ ) confirmed the high predictive validity indicated by the GoF index. Hence, in general, the statistical analysis supports all the hypothesis of the study.

Table 4 shows more specific results for each of the 4 hypotheses that constituted the theoretical model. As reflected by the *t-values* of each path ( $> 2.96$ ), all the hypothesized relationships between the LVs were significant at the  $p < 0.001$

level. The  $\beta$  and the size effects ratings reflect that whereas PSS exerted a more important influence over WE than PART, the stronger effect among the hypothesized relationships is the one of the mediator on the criterion variable. The meaning of these two results will be commented later in the discussion section.

Next, one path was added to the theoretical model in order to and additional -partial- mediation model. Specifically, OCBA was sequentially regressed on PART. As a result of a relatively weaker influence ( $\beta = 0.02, t = 3.1$ ) and no added explained variance, the hypothesized model was retained as the model that fitted better the data.

With regard to the control variables, no significant influence was found on OCBA. All the additional paths connecting each one of the control variables to OCBA resulted non-significant ( $p < 0.05$ ). That is to say that OCBA did not depend on age, gender, tenure and type of affiliation to the organization. Noteworthy, the latter suggest that OCBA is independent of the fact that Scoops respondents were co-owners, employees or administrative staff.

## Discussion

The empirical findings of the research suggest that participation in decision-making and perceived support from the supervisor have both a positive influence on altruistic behaviors. The role that work engagement has in these relationships confirms prior WOP research results. On the one hand, the findings of the research corroborate that democratic governance is of great importance for Scoops' employees. The fact that Scoops employees are engaged and respond with altruistic behaviors when they perceive that democratic principles are enacted is an empirical confirmation of the assumption, according to which people working in social enterprises are value-driven (Austin et al., 2006; Weerawardena & Sullivan-Mort, 2006). Noteworthy, according to our research results, the perceived support from the supervisor appeared to have a stronger influence on both employees' work engagement and on

altruistic behaviors. This is not surprising since support from the supervisor can be intended as an indicator of organizational support (Eisenberger et al., 1986; Hutchison, 1997). Certainly, cooperative organizations are commonly perceived as supporting enterprises where helping and collaborative behaviors have place.

As Scoops possess characteristics of both non-profit and for-profit organizations, the study presented up-to-here should be replicated by future research in each sector. For instance, it could be that within for-profit organizations democratic decision-making and supervisor support boost workers work engagement and, subsequently, further cooperative behaviors directed to the organization. Noteworthy, citizenship behaviors seem to favor task performance in for-profit organizations (Organ, 1997). Therefore, conversely to mainstream SE theory and practice tend to endorse HRM models extracted from the for-profit sector (Austin et al., 2006; Peattie & Morley, 2008), validating this research model in for-profit organizations would suggest that lessons for for-profit managerial practices could be drawn from the SE sector.

Notwithstanding these results, this study has certain methodological limitations. First, using only self-report measures can enlarge the variance explained by a given model. In fact, some authors have warned about this problem in studies having OCB as a criterion variable (Podsakoff, MacKenzie, Paine, & Bachrach, 2000). Secondly, further longitudinal studies would better support our specifications about directionality among variables. Future empirical research should also relate additional variables to perceived participation as predictors of the relationship between workers of SCo's and the organizations. For instance, Ridley-Duff (2007) suggested that along surplus sharing democratic debate might produce emotional commitment of workers of SE's. Given the importance that social mission has in this kind of organization, perceptions of workers on the degree in which organizational goals are reach may account for other psychological aspects determining the motivation of workers of SCo's.

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